

# *John D. Pappas Annual Memorial 5k Sprint for Special Services*

**RUN/WALK AND FUN RUN FOR KIDS**  
**Saturday, August 12, 2017**

*Race proceeds will benefit Warren County Special Services School District*

**Place:** Belvidere High School, 809 Oxford St., Belvidere, NJ 07823  
**Race:** 9:00 am - 5K Run/Walk - **RAIN OR SHINE!**  
9:05 am – 1/2 mile Fun Run (Ages 12 and under - Goody Bags included)  
**Course:** Fast/flat course through Town of Belvidere (*starts and finishes* at Belvidere High School)



### ENTRY FEES

#### **5k Run/Walk PRE-REGISTRATION:**

\$20 – includes a T-Shirt and Goody Bag (while supplies last)  
Fun Run (Age 12 and under): FREE – includes Goody Bag



**RACE DAY REGISTRATION - \$20 (8:00 am - 8:45 am)**  
(includes T-Shirt/goody bag, while supplies last)

**Additional T-Shirts will be available for purchase on race day for \$10, while supplies last**

*Refreshments, Age Group Awards and Raffle Prizes follow the race!*

Questions? Email [jpam5k@gmail.com](mailto:jpam5k@gmail.com) or visit <https://sites.google.com/view/jpam5k> for more information!

**Please complete this registration form, detach, and forward to:**  
**WCSSSD c/o Tammy Frank 682 Oxford Road, Oxford, NJ 07863**  
**Checks should be made payable to "WCSSEF"**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

AGE: \_\_\_\_\_ Male Female T-SHIRT SIZE: S M L XL XXL

**CIRCLE ONE: RUN WALK FUN RUN (no shirt) AMOUNT ENCLOSED: \$ \_\_\_\_\_**

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Warren County Special Services School District Board of Education, Warren County Special Services Education Foundation, Active.com, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

SIGNATURE: \_\_\_\_\_

PARENT SIGNATURE (If under 18): \_\_\_\_\_

## **Directions to Belvidere High School:**

### **A. If you travel west of I-80:**

1. Take Route 80 past Hackettstown to the exit noting Hope, NJ.
2. At this exit, you will exit 80 on the right and then turn left, following that road to Hope, NJ.
3. Continue through Hope, where you will pick up Route 519.
4. Continue on 519 South, approaching the 4-way blinking light intersection of Route 519 and County Road 623 S/Brass Castle Road.
5. Turn right at the blinking light onto County Road 623 N/Brass Castle Road.
6. Continue onto Oxford Street (Brass Castle Road will automatically turn into Oxford Street). Belvidere High School and its stadium will be on your right.

### **B. If you are traveling on 287 South or 31 North to Route 78 West:**

1. Take Route 78W to Exit 3 (last exit in New Jersey) and exit right.
2. Continue off the exit ramp onto Route 22 West.
3. From Route 22W in Phillipsburg, turn right onto Route 519 (by Phillipsburg-Easton Honda).
4. Continue to the right on Route 519 as you approach Belvidere.
5. As you approach a 4-way blinking light intersection, turn left onto County Road 623 N/Brass Castle Road.
6. Continue onto Oxford Street (Brass Castle Road will automatically turn into Oxford Street). Belvidere High School and its stadium will be on your right.

### **C. If you are traveling from Pennsylvania:**

1. Take Route 78 East and exit onto Route 22 East. If you remain on 78 East, continue into New Jersey and exit at the first New Jersey exit. Follow directions of B-2 above.
2. Take Route 22 East into New Jersey.
3. After crossing the bridge on the Delaware River, you will proceed about 3 miles.
4. Turn left onto Route 519 (by Phillipsburg-Easton Honda).
5. Continue to the right on Route 519 as you approach Belvidere.
6. As you approach a 4-way blinking light intersection, turn left onto County Road 623 N/Brass Castle Rd.
7. Continue onto Oxford Street (Brass Castle Road will automatically turn into Oxford Street). Belvidere High School and its stadium will be on your right.